



Wellness Report Card



Goals met

- Enrolled all schools into the Healthy Schools Program
- Served locally-grown produce in all schools
- Conducted vegetable taste-tests in 25% of schools
- Met with all schools' student councils to gather feedback about menus
- Held Future Chef event with participation open to all students
- Began composting program in 25% of schools



Goals still in progress

- Submit Healthy Schools Program Award applications
- Conduct taste-tests in all schools
- Promote Breakfast in the Classroom in all elementary schools
- Promote nutrition education with the Fresh Fruit and Vegetable Program
- Expand composting program
- Create nutrition resource page on district webpage



District Wellness Committee

- Meets quarterly to discuss and plan health and wellness goals for district
- Led by district's Registered Dietitian Nutritionist
- Current members include district food service director, district chief financial officer, district chef, food service employee, assistant principal, PE teachers, community health educator

Join our Wellness Committee!

Contact: kmollner@balsz.org